

HOW TO MEASURE

Sleeve

With arms at your side, bend elbow slightly. Measure from the center of the neck, (back) over the point of shoulder around elbow and down to the wrist.

Waist

Measure at the height you prefer to wear your waistband, keep the tape loose but level.

Outseam

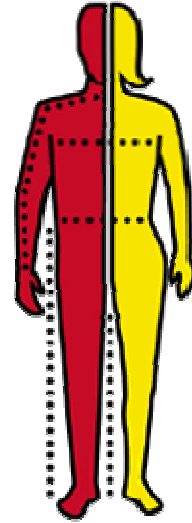
Measure from the top of the waistband to the bottom of the cuff

Chest

Measure around the widest part of the chest, just under the arms and around the shoulder blades, keep the tape firm and level.

Inseam

Measure from the crotch to the bottom of the leg. For shorts, measure from the crotch to where the shorts will end.



Sizing Uniforms (Sleeves are average length on all sizes.)

Adult Garment Size	AS	AM	AL	AXL
Chest	36" - 38"	38" - 40"	40" - 42"	44" - 46"
Waist	28" - 30"	32" - 34"	36" - 38"	40" - 42"
Youth Garment Size	YXS	YS	YM	YL
Chest	26" - 28"	30" - 32"	32" - 34"	34" - 36"
Waist	18" - 20"	20" - 22"	22" - 24"	24" - 26"